

## OPEN

*Go around and let everyone answer on the following question...*

What is one thing about you that is lovable?

## DIG

Why is it sometimes hard to talk about being lovable and loved?

What are some false ideas people have about love?

### Read Ephesians 3.14-19

*For this reason I kneel before the Father, from whom every family in heaven and on earth derives its name. I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.*

In his prayer for the Ephesians, Paul asked that they be established in love. How is love a like foundation on which every part of our life is built and effected?

In what way does love actually empower us to live like Christ intended?

How does the enemy try and convince us that we are not really loved?

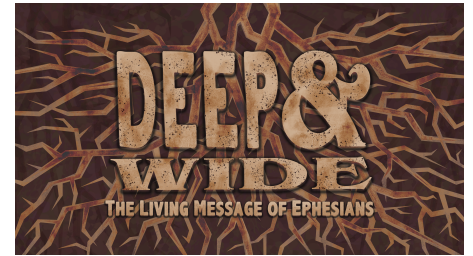
What makes Christ's love different from the false imitations this world tries to pass off as love?

## APPLY

How have you personally experienced the richness and depth of Christ's love?

*Close in a time of prayer.*

KTW



## Leaders

### Big Idea

This guide is based on this week's sermon in the series from Ephesians: Deep & Wide. Christ's love for us can sustain us in difficult times. Remember, Paul wrote Ephesians while he was in a prison. Some people struggle with feeling unloved or unloveable but Christ wants us to know that His rich love and know that we can come before God with faith and confidence.

### Special Considerations

Don't let your meeting be the start and end of your connection with each other this week. Especially during this time of distancing, it is extra important to stay in touch. Consider sending out prayer requests, well-wishes, or updated via text or email during the week so members can keep up with each other.

### Group Discussion Reminder

Our LIFE Groups are a great place to pour out the love we share into the lives of others. We can't keep this love and community to ourselves. Who do you know that might benefit from being part of your group? Share those names, pray for them, and ask God to give you the courage to talk to them about visiting your group.